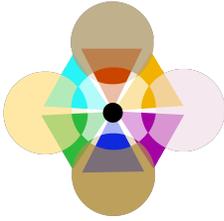


Creating a Safe Space to Talk About Race

A workshop series aimed at helping our community
understand race and how to promote racial equity

PARTICIPANT JOURNAL



CREATING A SAFE SPACE TO TALK ABOUT RACE

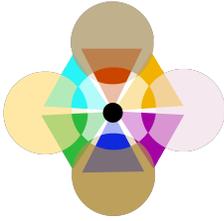
WHY RACE EXISTS JOURNAL

In which direction does your racial baggage cause you to look?

baggage = hurts, unresolved emotions, and fears associated with race

PAST the desire for acknowledgment, reparations, and/or reconciliation the desire to go back to a "better time"	PRESENT the desire to process current events and learn what to think/feel the desire to not talk about race so much	FUTURE the desire to discuss strategies for how to heal racial division and/or eliminate racial inequity the desire for a colorblind society
--	--	---

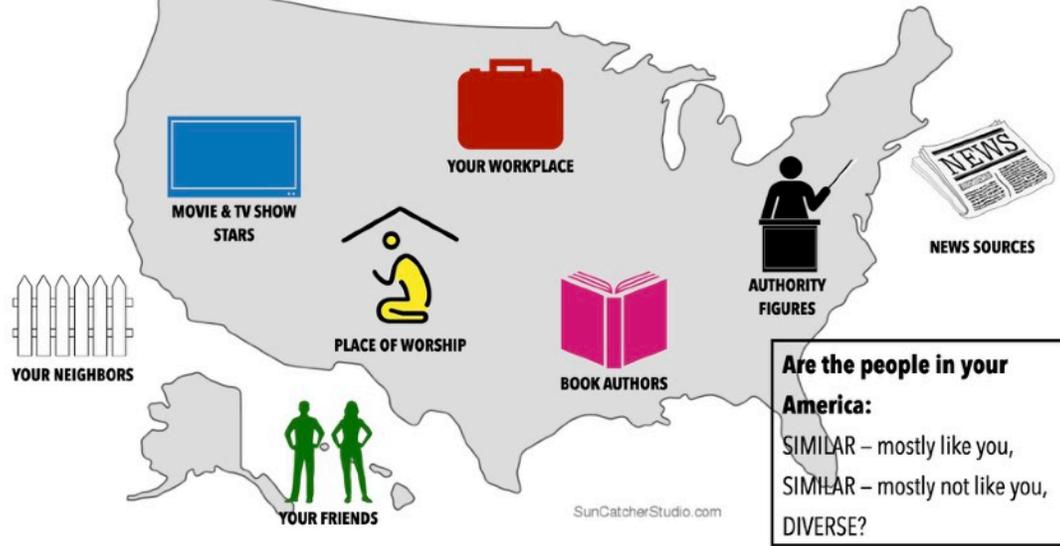
What is some of your racial baggage? In which direction does it cause you to look?



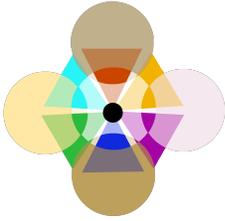
CREATING A SAFE SPACE TO TALK ABOUT RACE

A WORLD WITHOUT RACE JOURNAL

What does your America look like?



What are the people in your America like? Are they similar to each other and mostly like you? Are they similar to each other and mostly not like you? Are they diverse? How do you feel about that? You can define "like you" and "not like you" for yourself.



CREATING A SAFE SPACE TO TALK ABOUT RACE
WHERE WE GO FROM HERE JOURNAL



After this workshop series, what tangible next step will you take to promote social inclusion?

WORKS CITED

Anti-Defamation League, *Personal Self-Assessment of Anti-Bias Behavior* (<https://www.adl.org/sites/default/files/documents/assets/pdf/education-outreach/Personal-Self-Assessment-of-Anti-Bias-Behavior.pdf>)

National Museum of African American History & Culture, *Talking About Race* (<https://nmaahc.si.edu/learn/talking-about-race>)

Project Implicit – a website that has several implicit bias tests you can take for free (<https://implicit.harvard.edu/implicit/takeatest.html>)

Smooth, Jay, *How I Learned to Stop Worrying and Love Discussing Race*, TEDxHampshireCollege (<https://www.youtube.com/watch?v=MbdxeFcQtaU>)