Creating a Safe Space to Talk About Race

A workshop series aimed at helping our community understand race and how to promote racial equity

PARTICIPANT JOURNAL

CREATING A SAFE SPACE TO TALK ABOUT RACE

UNDERSTANDING RACE JOURNAL

Where are you in your racial awareness and development? How do you feel about that? How does this inform the kind of participant you will be in these workshops?

With regard to race and ethnicity, how do you identify yourself? Why? Do you need to make changes in the way you identify yourself?

**WORKS CITED**

Adams, Amy. “Human family tree drawn by gene sequencing effort,” Stanford News. Stanford Report, February 27, 2008. <https://news.stanford.edu/news/2008/february27/med-genemap-022708.html>

Chou, Vivian. “How Science and Genetics are Reshaping the Race Debate of the 21st Century,” Science in the News. Harvard Graduate School of Arts and Sciences, April 17, 2017. <http://sitn.hms.harvard.edu/flash/2017/science-genetics-reshaping-race-debate-21st-century/>

Pearson, Michael. “UK twins turn heads: One is white, the other black,” CNN. March 4, 2015. <https://www.cnn.com/2015/03/03/living/feat-black-white-twins/index.html>

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WHY RACE EXISTS JOURNAL

What is some of your racial baggage? In which direction does it cause you to look?

How have you been impacted by racialization? In what ways have you been racialized?

**WORKS CITED**

Facing History and Ourselves, *Inventing Black and White*. <https://www.facinghistory.org/holocaust-and-human-behavior/chapter-2/inventing-black-and-white>

J. D. Forbes, *Africans and Native Americans: The Language of Race and the Evolution of Red-Black Peoples,* University of Illinois Press, Urbana, Ill, USA, 1993.

PBS, *Race: The Power of an Illusion*, “Go Deeper: Race Timeline.” *<https://www.pbs.org/race/000_About/002_03_c-godeeper.htm>*

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A WORLD WITHOUT RACE JOURNAL

What are the people in your America like? Are they similar to each other and mostly like you? Are they similar to each other and mostly not like you? Are they diverse? How do you feel about that? You can define “like you” and “not like you” for yourself.

Thinking about your community’s areas of improvement, which is most important to you and why?

**WORKS CITED**

“Vision for an Inclusive Society,” United Nations, 2009 <https://www.un.org/esa/socdev/documents/compilation-brochure.pdf>

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WHERE WE GO FROM HERE JOURNAL

What has this journey taught you about yourself? About what it means to be human?

After this workshop series, what tangible next step will you take to promote social inclusion?

**WORKS CITED**

Anti-Defamation League, *Personal Self-Assessment of Anti-Bias Behavior* (<https://www.adl.org/sites/default/files/documents/assets/pdf/education-outreach/Personal-Self-Assessment-of-Anti-Bias-Behavior.pdf>)

National Museum of African American History & Culture, *Talking About Race* (<https://nmaahc.si.edu/learn/talking-about-race>)

Project Implicit — a website that has several implicit bias tests you can take for free (<https://implicit.harvard.edu/implicit/takeatest.html>)

Smooth, Jay, *How I Learned to Stop Worrying and Love Discussing Race,* TEDxHampshireCollege (<https://www.youtube.com/watch?v=MbdxeFcQtaU>)